



*Believe, Succeed &
Grow Together*

FRINTON ON SEA PRIMARY SCHOOL

'PSHE' PERSONAL, SOCIAL & HEALTH EDUCATION

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Head Teacher: Mrs A. Barlow

Ratified/Approved: by School Governing Body

Chair of Governors:

Mrs S. Young

Date: Autumn 2015

To be reviewed: Autumn 2017

Aims and Objectives

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing we help to develop their sense of self-worth. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society. PSHE helps children to acquire the skills, knowledge and understanding, attitudes and values, which are necessary to make sense of their life experiences and to feel confident and informed. We aim to prepare our children for their future through the delivery of a comprehensive PSHE programme. The aims of PSHE are to enable the children to:

- develop spiritually, morally, socially and culturally;
- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues, including the dangers of drugs and alcohol
- understand what makes for good relationships with others;
- understand and manage their emotions;
- value themselves and respect others;
- acknowledge and appreciate difference and diversity;
- be independent and responsible members of the school and the local community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- safeguard the environment
- develop good relationships with other members of the school and the wider community.

The PSHE programme will:

- develop confidence and responsibility and making the most of childrens' abilities;
- prepare to play an active role as citizens;
- develop a healthier, safer lifestyle;
- develop good relationships and respect differences between people.

Teaching and Learning Style

At Frinton-on-Sea Primary School a range of teaching and learning styles is adopted. We place great emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship e.g. charity fundraising (Red Nose Day, Children in Need etc.) the planning of special events such as a special assembly or involvement in an activity to help other individuals or groups less fortunate than themselves (choir singing to elderly). Classes are organised to enable participation in discussions to resolve conflicts and have class rules set and agreed by the children.

We offer our children the opportunity to hear visiting speakers, such as police, fire brigade and other key members of the local community, whom we invite into school to talk about their roles within the local community.

Inclusion

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. Sensitivity will be applied in respect of children's individual needs.

Assessment and Recording

Teachers assess work in PSHE by making informal judgements as they observe them during lessons and through discussion. At present there is no formal assessment.

Monitoring and Review

The subject leader will support colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in school. This policy will be reviewed every 2 years.

SEX EDUCATION PLAN

Teaching Resource

We will be using the CD ROM called 'SENSE', Growing Up and Keeping Safe (Key Stage 2)

Teaching Plan

The Year 5 teacher will show parts 1 & 2 of the CD Rom - Puberty and Hygiene to all Year 5 children and incorporate part 3 of the CD Rom – Keeping Fit and Diet into normal PSHE lessons. A whole class 'Question and Answer' session will take place on the parts of the CD Rom viewed. All questions will be anonymous – children will write them down on paper and put them in a box.

The Year 6 teacher will show all of the CD Rom to Year 6 pupils – Parts 1 & 2 & 3 as above and Part 4 which covers Sex. As with Year 5, this will be a whole class taught session which will include an anonymous 'Question and Answer' session at the end.

Finally, the Year 5 teacher will then hold a discussion session for all girls in Year 5 & Year 6 and will be accompanied by another female adult. This session will specifically focus on periods and feminine hygiene etc.

All parents/carers are given the opportunity to view the DVD before it is shown to the children.